

“That no one in our community go hungry...”

August 2015 Vol. 32, No. 8

Plowshares to help Feed Boys & Girls Club Kids



Fun activities at the Boys and Girls Club for the kids including Deja Jackson, Erika Garcia, and Martha Lopez.

When Plowshares got a call from Liz Elmore and Erin Moynahan at the Ukiah Boys & Girls Club saying they needed help in providing breakfast and lunch to the kids in their summer program; it posed a challenge.

Eighty children needing meals during Plowshares busiest time of day, how could we make this happen? The answer is “with a lot of pre-planning” and some smart shopping through Redwood Empire Food Bank.

Rhonda De Los Santos, Operations Manager for 17 years at Plowshares, sat down with BGCU staff to do some menu planning for quick, nutritious and tasty meals that are “kid

friendly”. Calls went out to Volunteers and supporters of both organizations for extra help with cooking and serving.

The summer program at BGCU is housed in the Alex Rorabaugh Center on South State St. The program is a fun way for kids to participate in supervised activities involving science, arts, physical fitness and other educational activities. With the Club open from 7:30 am to 5:30 pm, the program offers working parents a low cost option for quality child care. Children age 5 to 18 years who are active members of BGCU can participate.

Plowshares will be helping with meals August 3rd through the 20th and we feel it is an extension of our mission “that no one in our community go hungry”. Please contact us at (707) 462-8582 if you would like to volunteer time or make a monetary contribution to this program.



Heidi and Monty McDowell from Grocery Outlet are volunteering for First Baptist Church to serve Isaiah Myer and other children over Spring Break.

Save the Date

- **Blues, Brew, and BBQ:** Fall Fundraiser, September 19th, at Barra of Mendocino.
- **Volunteer Appreciation Luncheon:** October 10th, Plowshares Dining Room.
- **Mendocino Inland Ceramic Artists (MICA):** Unfortunately this event was **canceled**.

Meals Served June 2015

	Total	Daily Average
Lunches - Adults	1481	67
Lunches - Children	67	3
TOTAL LUNCHES	1548	70
Dinners - Adults	1224	56
Dinners - Children	66	3
TOTAL DINNERS	1290	59
DINING ROOM TOTAL	2838	129
MEALS-ON-WHEELS	2686	122
TOTAL MEALS	5524	251

THE PLOWSHARES ADVOCATE

... is published eleven times a year and mailed to supporters of Plowshares, a 501 (c)(3) nonprofit corporation (#68-0218781). Donations are fully tax deductible as allowed by law.

Do you have a new address? Please let us know!

Plowshares Peace & Justice Center Location and Contact Information

1346 S. State Street 707-462-8582 phone
 P.O. Box 475 707-462-0302 fax
 Ukiah, CA 95482-0475 plowshares@pacific.net
www.plowsharesfeeds.org
www.facebook.com/PlowsharesUkiah

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*Send this coupon to Plowshares:
 PO Box 475, Ukiah, CA 95482,
 or call Patrice at 707-462-8582*

Wish List

- Cheese
 - Coffee**
 - Butter**
 - Broccoli
 - Carrots
 - Cooking oil
 - Cornstarch
 - Sugar
 - Poultry seasoning
 - Ziploc bags
 - Pump bottles of hand sanitizer
 - Special need for personal care items**
 - Socks**
 - Travel size shampoo and conditioner**
 - Lotion**
 - Toothbrushes
 - Tooth Paste
 - Deodorant**
 - Razors**
 - Soap**
 - Small bottles of mouth wash**
 - Feminine hygiene products**
 - Dog & cat food**
- ** Items we are currently out of

Homelessness: The Curable Disease

If you knew there was a curable fatal disease which would kill ½ the affected population within 5 years, making the average life expectancy of those involved 50 years of age, would you do something about it? Homelessness is like such a fatal disease, because those are the statistics for the chronically homeless. With winter about 4 months away, the Ukiah area has no way to prevent the effects of winter weather on the homeless population, since no emergency shelter is available.

Recently HUD has directed social service agencies to implement “Housing First” after finding that the best way to treat many mental health/substance abuse issues is to provide housing and then managed care.

After the closure of Buddy Eller, a group of concerned individuals met to consider alternatives, starting in August 2014. Buddy Eller was reopened for 4 months with temporary funding from the city of Ukiah and Mendocino County during the 2014-2015 winter months. Buddy Eller was closed again on April 11th to be repurposed for a much needed rehab center.

Since the closing of the shelter and the institution of the city ordinances against camping and sleeping in cars, problems associated with no legal place to sleep, shower, or use a restroom, have increased. The social service agencies are crowded with people seeking help that our agencies are not able to provide for.

Homelessness is a universal issue, and there are communities through out the United States who have made progress in substantially reducing it.

SALT LAKE CITY, UTAH is on track to end homelessness by 2015 with this one simple idea: Give them an apartment first, ask questions later. Read more: <http://nationswell.com/one-state-track-become-first-end-homelessness-2015/#ixzz3dzvoizcn>

EUGENE, OREGON has created Opportunity Villages to house people. <http://www.opportunityvillageeugene.org/>

SAN FRANCISCO is embarking on a novel approach to combat chronic homelessness. City officials next week plan to open a temporary shelter that invites entire street encampments, complete with inhabitants’ belongings and pets, to come indoors. <http://www.wsj.com/articles/san-francisco-homeless-shelter-to-get-a-trial-run-1427144681>

LAVA MAE in San Francisco provides mobile showers. www.lavamae.org

We believe our community wants to assure safe beds for our most vulnerable population. We are asking our caring neighbors for help in finding land or a building and/or funding. If you want to find out more or have a service or solution to offer, contact Judy at 650-483-2997 or judy@mcavhn.org. You can make a tax-deductible donation to MCAVHN: Homeless Shelter Project to MCAVHN, PO Box 1350, Ukiah, CA 95482

COMING SOON

THE LAUNCH OF PLOWSHARES NEW WEBSITE !!

We are working hard to update our website with a new platform and the ability to schedule our volunteers.

“Dear Plowshares Staff and Volunteers, thank you for your thoughtfulness and dedication. Sending blessings your way. Know you make a difference daily.”
- Plowshares donor



Plowshares

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Blues, Brew & BBQ

Tickets go on sale
August 17th
 for our 2nd Annual Meals on
 Wheels Fundraiser on
September 19th!

Once again we will be offering a
 BBQ meal of tri tip, chicken
 breasts and Portobello
 mushrooms. The All Star Blues
 Band from the Bay Area
 featuring Lisa Kindred on vocals
 will again provide the music. Join
 us at Barra of Mendocino for
 great food, music and
 community.