

“That no one in our community go hungry...”

March 2015 Vol. 32, No. 3

## Meeting Sister Jane Kelly

By Marlene Kurowski, Executive Director



One of the most frequent questions that I am asked when I introduce myself as the Director of Plowshares is, “How is Sister Jane?”

I have heard many stories about Sister Jane Kelly, one of Plowshares founders. I have even seen the movie “The Sermons of Sister Jane”. I had to admit that I had never met her. Everything I had heard about Sister Jane, her strong spirit and courage, the love she had for our guests, led me to believe that I wanted to meet her.

Sister Jane is living in a retirement Convent in San Francisco. I contacted a mutual friend who was willing to arrange the visit for Monday February 16<sup>th</sup>, which was the President’s Day holiday.

Soon I found myself in a large, pleasant, building with lots of big windows waiting for my friend and his wife to arrive. The Volunteer receptionist, Sharon, chatted about what good care the elderly sisters receive and how wonderful the food is that they serve the residents.

Before long we were taken to Sister Jane’s small cheery room. She was visibly delighted to see my friends. She had a million questions for me about staff and volunteers. She wanted to make sure we still had the dog pen for our guests with four legged friends. She wanted to hear about all our fundraising efforts.

She was delighted to learn about a large donation we received at Christmas from a gentleman in Los Angeles who had never even been to Ukiah. Years ago he and his sister had seen the movie about Sister Jane on a cable channel. When they had an opportunity to make a substantial donation they chose Plowshares because of Sister’s commitment which inspired the support of the local community.

When I left, I felt so lucky to be able to bring good news about Plowshares to Sister Jane. We stand on the shoulders of the visionary people who began our work in 1983 with nothing much but faith and the desire to help the hungry. It is a pleasure to be able to let our founders know that their work continues to bring comfort to thousands each year, one meal at a time. And it is also a pleasure to say to those who inquire, “Sister Jane is doing just fine!”

*“It would take a book to tell all that we went through in establishing Plowshares Dining Room.... Suffice it to say that the vision became a reality because we believed that it could happen, and because a compassionate and dedicated group of people from all around the community joined together to care for those in need.*

- Sister Jane Kelly, P.B.V.M.

## Save the Date

- **Empty Bowls:** April 18, 2015 5:30 P.M., Plowshares Dining Room
- **Human Race:** May 2, 2015
- **Mendocino Inland Ceramic Artists (MICA):** Ceramic and Art Show, December 5, Plowshares Dining Room.

## Meals Served January 2015

	Total	Daily Average
Lunches - Adults	1484	67
Lunches - Children	28	1
<b>TOTAL LUNCHES</b>	<b>1512</b>	<b>69</b>
Dinners - Adults	1309	65
Dinners - Children	98	5
<b>TOTAL DINNERS</b>	<b>1407</b>	<b>70</b>
<b>DINING ROOM TOTAL</b>	<b>2919</b>	<b>139</b>
<b>MEALS-ON-WHEELS</b>	<b>2652</b>	<b>121</b>
<b>TOTAL MEALS</b>	<b>5571</b>	<b>260</b>

### THE PLOWSHARES ADVOCATE

... is published eleven times a year and mailed to supporters of Plowshares, a 501 (c)(3) nonprofit corporation (#68-0218781). Donations are fully tax deductible as allowed by law.

**Do you have a new address? Please let us know!**

#### Plowshares Peace & Justice Center Location and Contact Information

1346 S. State Street 707-462-8582 phone  
 P.O. Box 475 707-462-0302 fax  
 Ukiah, CA 95482-0475 [plowshares@pacific.net](mailto:plowshares@pacific.net)  
[www.plowsharesfeeds.org](http://www.plowsharesfeeds.org)  
[www.facebook.com/PlowsharesUkiah](http://www.facebook.com/PlowsharesUkiah)

#### BOARD OF DIRECTORS

Karen Christopherson-Pres., Ann Kilkenny-V.P., Madeline Sager-Treas., Henrietta Muñoz-Sec., Kathleen Cervantes, Peter Janiak, Dolores Hamilton, Rick Johnson, Tammy Kuny, Teresa Leon

#### STAFF

Marlene Kurowski Executive Director  
 Rhonda De Los Santos Operations Manager  
 Patrice Mascolo Office Manager/Exe. Assistant  
 Christine Cook Evening Supervisor  
 Micheal Newbolds Facilities Assistant  
 Henry Castorena Program Assistant



## To Donate with a VISA, Discover or MasterCard

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_

Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

- This authorizes a  \$25  
one-time charge of:  \$50  
 Automatically charge  \$100  
 my card each month:  other:  
 \$ \_\_\_\_\_
- Please keep this donation anonymous.

*Send this coupon to Plowshares:  
 PO Box 475, Ukiah, CA 95482,  
 or call Patrice at 707-462-8582*

### Wish List

- Broccoli
  - Carrots
  - Cheese\*\*
  - Pasta
  - Butter\*\*
  - Cooking oil
  - Cornstarch \*\*
  - Sugar
  - Salt and black pepper
  - Poultry seasoning
  - Coffee\*\*
  - Ziploc bags
  - Pump bottles of hand sanitizer
  - Socks\*\*
  - Travel size shampoo and conditioner\*\*
  - Bath wash\*\*
  - Deodorant\*\*
  - Razors\*\*
  - Soap
  - Small bottles of mouth wash\*\*
  - Feminine hygiene products
  - Dog & cat food\*\*
  - Postage stamps
  - Printer Paper\*\*
- \*\* Items we are currently out of



## Join Plowshares on May 2 to Walk or Run the Human Race

The Human Race, a 5K walk or run starting at Alex R. Thomas Plaza at 9 am on May 2nd is an excellent way to join Plowshares in raising funds and building awareness of what we do in our community.

This is the 10<sup>th</sup> year and 600 participants are expected to complete the 3.1 mile route through the neighborhoods around Todd Grove Park in Ukiah in support of their favorite charity. If you are unable to walk or run with us, consider pledging to support a team member. For more information on the event go to [MendoHumanRace.com](http://MendoHumanRace.com) or to join or pledge for Plowshares' team call Rhonda De Los Santos at (707) 462-8582.



## Empty Bowls

The 9th Annual Empty Bowls Soup Extravaganza is coming up April 18th. Once again Jan Hoyman Studios, Doug Browe and the Ceramics Club of Mendocino College and MICA are creating bowls for guests to take home with them after enjoying a variety of homemade soups, salad, appetizers, breads, and desserts.

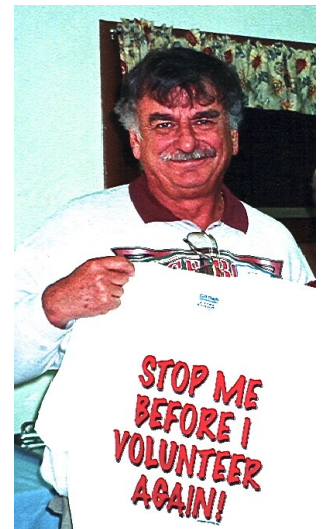
We will have a silent auction, live auction and raffle of great prizes donated by community members and businesses.

**We are seeking auction items.** If you like to donate a theme basket, gift certificate or any other items please call Patrice at 462-8582.

Tickets are \$50 and go on sell March 9th at Mendocino Book Company and Plowshares', 1346 S. State St., or call Patrice at 462-8582.

## Board of Directors Update

The January 2015 Board Meeting was bittersweet in that that we bade farewell to our outstanding board members: Larry McLeitch, Jack Daniels, Wil Barker, and Julie Finnigan. These individuals collectively have contributed greatly to the success of Plowshares with financial acumen, passion for our mission, and spending countless hours volunteering in the kitchen along with a myriad of other activities that we do as Board Members. While we will miss Larry, Jack, Wil and Julie; they plan to continue to volunteer and contribute to Plowshares in the future. Thank you to all for your service in supporting the mission of Plowshares!



At the January Board Meeting, we started the process of electing new board members. As of the February meeting, our new members include: Rick Johnson, Tammy Kuny, Dolores Hamilton and Teresa Leon. These new members bring a variety of backgrounds in finance, management, and fundraising skills. We are delighted to have the energy and expertise of these individuals as we continue to look to the future of ensuring sustainability of our services to our community. Welcome to our new Board Members: Rick, Tammy, Dolores and Teresa!

Karen Christopherson  
Board of Director President

## Special Thank You

- **Yokayo Veterinary Clinic, John Chan Plumbing, Pardini Appliance Service** for special donations of their services.
- **For all the businesses, churches and individuals** who donate monetarily on an ongoing basis. Many of you donate monthly, quarterly or yearly. We do not have enough room to list everyone in our newsletter, but we do want you to know that we are grateful for your continual support of Plowshares' mission and sincerely thank you.



# Plowshares

1346 South State Street  
 Ukiah, CA 95482  
 707-462-8582  
 plowshares@pacific.net  
 www.plowsharesfeeds.org

Non-Profit Org.  
 US Postage  
**PAID**  
 Express-It

**POSTAL CUSTOMER**

## THANK YOU TO OUR "IN KIND" DONORS Who Donate Food, Services & Personal Care Items

Local Support is the Heart of Plowshares

Individuals, Businesses, Churches, Clubs, Programs, School Groups

Food Max  
 Fort Bragg Food Bank  
 Redwood Empire Food Bank  
 Lucky Foods  
 Raley's  
 Safeway  
 Ukiah Food Bank  
 Ukiah Natural Foods Coop  
 Honey Fluff  
 Schat's Bakery  
 Scooterz Deli  
 Pleasant View Dairy  
 Friedman's Home Improvement  
 Creative Workshop  
 Express-It  
 Ukiah Paper Supply  
 Rain Forest Fantasy  
 Cold Creek Compost  
 Ukiah Senior Center  
 Sip! Mendocino  
 Alley Grill  
 Yokayo Veterinary Clinic  
 John Chan Plumbing

Pardini Appliance Service  
 Ukiah Valley Medical Center  
 UUSD  
 Mountain View Senior Living  
 South Ukiah Rotary  
 P.V. Store  
 Grange Farm School  
 River Oak School Class 2, Mr. Williams  
 Supported Education Program  
 St. Mary's School  
 Grace Hudson  
 Mendocino College  
 Alanon  
 Holy Trinity Episcopal Church  
 Grace Lutheran Church  
 Calvary Chapel  
 Abhayagiri Buddhist Monastery  
 Church of Christ  
 Char Jacobs  
 Doris Bills  
 Susanna Cummings  
 Aryatara Kandahsari

Joyce Badenfort  
 Lois Cook  
 Wilma Keeney  
 Ted Hester  
 Dolores Hamilton  
 Katie Buxton  
 Jonathan Whipple & Peggy Agnew  
 Donna Canevari  
 Lillian Hoiker  
 Barbara Newell  
 Trudy Morgan  
 Judy Lucia  
 James Silva  
 Sally Kieckhefer  
 Madeline & Greg Sager  
 Glen Jensen  
 Martin Bradley  
 Harvey Barber  
 Sharon Gorman  
 Amy Binkley  
 Ronald Allen  
 Carol Myer  
 Paul Barth

Ralph & Nadine Paulin  
 Ed Keller  
 Wm J. Russell  
 Joanne Kalies  
 Kathy Fisette  
 Lisa Davey-Bates  
 Sopia Lopez  
 Charles Ross  
 Rich Marino  
 Jan Tipton  
 Samia Whitmarsh  
 Charmaine Hu  
 Norman Hughey  
 Tonia Wilder  
 Amy Chiang  
 David La Follett  
 Mary Kester  
 Levi Cline  
 Linda Grey  
 Brandi Page  
 Julie & Marge Pardini  
 Cassie Gibson  
 Emily Chang  
 Pat Hartley