

The Art of Volunteering at Plowshares

We can never over estimate the value of our Volunteers when it comes to helping Plowshares fulfill our Mission. With only six paid staff, Plowshares depends on Volunteers to make and serve meals, deliver Meals on Wheels, grow the food in our garden, serve on our Board and generally make things happen at Plowshares.

To clarify some boundaries, define roles, and help newcomers understand our organization, we have a Volunteer Handbook which we recently updated that can be accessed on our website. If you are interested in becoming a volunteer, or have been volunteering with us already, please review the manual online at www.plowsharesfeeds.org by clicking “Volunteering” and then “Volunteer Handbook” toward the bottom of the page. You may also review a copy at the Plowshares office.

The guidelines for interacting with our guests as a volunteer are also addressed in the “A Word about our Guests” section. It may be that you are wanting to offer assistance to someone in need by offering a guest employment, a ride, or to do them a favor. Such behavior, however, can lead to allegations of favoritism and conflict. We ask

volunteers to always treat guests as they would welcomed visitors, but refrain from offering them any special favors.

Also, as a volunteer, the manual emphasizes keeping confidential the identities of our Plowshares’ guests. Respect, justice, and dignity are stated in our Mission as the basis for a supportive environment which we consistently maintain. Many of our guests are struggling with poverty and issues that might make them the subject of abuse. When they come through our doors we always want to make them feel that we are glad to serve them. This is one place where they are safe, nurtured and welcomed.

If a guest persists in asking for special favors, or is out of line in their behavior towards our volunteers, we ask that Staff be notified. Often we know of agencies that can assist them or we can help them understand the limitations of our service.

If you choose to volunteer here at Plowshares, and we are always looking for volunteers, we want your time spent being of service to be both productive and enjoyable. Maintaining healthy boundaries can be difficult for caring people who enjoy being helpful. Our goal is to assure the safety, security and good morale of our volunteers.



Save the Date

- **Empty Bowls:** April 16th, Plowshares Dining Room.
- **Human Race:** May 7th
- **Brews, Blues, & BBQ:** September 17th

Meals Served December 2015

	Total	Daily Average
Lunches - Adults	1506	66
Lunches - Children	55	3
TOTAL LUNCHES	1561	68
Dinners - Adults	1160	69
Dinners - Children	84	4
TOTAL DINNERS	1123	62
DINING ROOM TOTAL	2805	127
MEALS-ON-WHEELS	2663	116
TOTAL MEALS	5468	243

THE PLOWSHARES ADVOCATE

... is published eleven times a year and mailed to supporters of Plowshares, a 501 (c)(3) nonprofit corporation (#68-0218781). Donations are fully tax deductible as allowed by law.

Do you have a new address? Please let us know!

Plowshares Peace & Justice Center Location and Contact Information

1346 S. State Street 707-462-8582 phone
 P.O. Box 475 707-462-0302 fax
 Ukiah, CA 95482-0475 plowshares@pacific.net
www.plowsharesfeeds.org
www.facebook.com/PlowsharesUkiah

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 or call Patrice at 707-462-8582*

Wish List

- Cheese
 - Coffee**
 - Butter**
 - Broccoli
 - Carrots
 - Cream of mushroom and chicken soup
 - Tomato Sauce**
 - Pasta
 - Juice
 - Cooking oil
 - Cornstarch
 - Sugar
 - Poultry seasoning
 - Laundry detergent**
 - Bleach**
 - Dish soap**
 - Heavy duty potholders**
 - 1 gal Ziploc bags**
 - Sandwich Ziploc bags**
 - Pump bottles of hand sanitizer**
 - Socks
 - Travel size shampoo and conditioner
 - Feminine hygiene products
 - Dog & cat food**
- ** Items we are currently out of

Winter Appeal 2015

Plowshares 2015 Winter Appeal brought in \$65,000 from 386 donors! These donor dollars came from individuals, seniors, Meals on Wheels recipients, local Businesses and Churches. We say "thank you" many times to our donors, but it is never enough. Our gratitude and appreciation for these monetary donations is what keeps Plowshares open and able to provide lunch and a dinner 5 days a week. So..... FOR YOUR GENEROSTIY:



10th Annual Empty Bowls, April 16th

Save the date!! Empty Bowls will be here before you know it! This will be our 10th Annual Empty Bowls and it is still a popular, fun event that brings in much needed revenue in the Spring. This event features three distinct auctions. First is the silent auction with over 60 unique gifts to bid on, second is the live auction offering such items as weekend getaways and Jan Hoyman soup tureens. Third is the ever popular "Fund a Need" where guests have the opportunity to buy specific items such as coffee, bags of onions, a coffee pot, Meals on Wheels lunches and other daily necessities.

Along with buying a ticket here are more ways you can get involved now:

- ◆ Be a Business Sponsor, deadline March 4th
- ◆ Donate an auction or raffle prize, deadline April 8th
- ◆ Buy a table for 8, deadline April 8th

For more information and to donate, please email plowshares@pacific.net or call 462-8582



*We make a living by what we get, but
we make a life by what we give.*

- Anonymous

Support Plowshares every time you shop at Amazon.

When you shop at smile.amazon.com Amazon donates a percentage to Plowshares. Just sign into your account from the smile.amazon.com site and select Plowshares as your charitable organization.



Plowshares

1346 South State Street
 Ukiah, CA 95482
 707-462-8582
 plowshares@pacific.net
 www.plowsharesfeeds.org

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